



Metro Lacrosse presents a NEW summer program!

“LaxPrep”

Helping you prepare for your NCAA season!

Eight Tuesday evenings at Kent Place School

June 21 – August 9

7:00 – 8:30 pm

For 2011 high school graduates and all college players. Open to ALL- no Metro membership required!

- Keep your game sharp over the summer and prepare yourself for the upcoming season.
- Challenge yourselves against other players competing at the collegiate level.

Focusing on play in intense game conditions:

- Fast break situations- 3v2s and 4v3s
- Small sided games- 4v4s, 5v5s
- Lots of scrimmaging- 7v7 and full-field

Instructed by coach **Hilary Renna** of Metro Lacrosse. Hilary was a four year starter on the University of Pennsylvania women’s lacrosse team. Her collegiate playing honors include Tewaaraton Award nominee, consensus First Team All-America, NCAA All-Tournament Team, First Team All-Region, unanimous First Team All-Ivy.



-----Clinic Registration-----

Player’s First Name: _____ Last Name: _____

Phone: _____ Email (for confirmation): _____

School: _____ Grade: _____

COST: \$275

Please make check payable to “Metro Lacrosse” and mail to:

P.O. Box 11189

Loudonville, NY 12211