

Metro Lacrosse brings you:

“Score More” Shooting Clinic

Six sessions 6:00-7:00 on Wednesday nights

Jan. 11 through February 15

@ “The Sports Academy”, Millburn, NJ

Cost: \$225

Now open to grades 5 & 6

Shooters (attack)...

Learn technique and develop you shooting repertoire from the best! Players will:

- Increase power
- Improve shot selection
- Learn how and when to cut
- Increase variety of shots

Clinician – Betsy Economou

Former D 1 coach Davidson Wildcats

NCAA All-American at Loyola

Sports Performance coach

Player Registration for: “Score More” Shooting Clinic

Last name _____ First name _____

Year _____ school _____

e-mail address for confirmation: _____

Please make check for \$225 payable to “Metro Lacrosse” and mail to:

P.O. Box 11189

Loudonville, NY 12211

Bring your mouth guard, goggles and indoor shoes