

Metro Lacrosse Presents
Hil's Drills Mini-Clinic
"Getting the Ball"

2 weeks at Millburn Sports Academy

Tuesday evenings

Cost: \$75

Dec. 6 and Dec. 13

5:00-6:00 pm

Open to 6th and 7th grade

2 intense 1 hour sessions focusing on "getting the ball"

Master the following skills:

CHECKING: how and when to check

DOUBLE TEAMS: how to create a successful double team and come up with a caused turnover

Among coach **Renna's** honors while a playing defense for the University of Pennsylvania Quakers:

Tewaaraton nominee
Consensus first-team All-America
NCAA all-tournament team
First-team all-region
Unanimous first-team All-Ivy

Tear off and return the lower portion with your payment

Player Registration for Metro Lacrosse's **mini clinic "getting the ball"**

Last name _____ First name _____

Phone () _____ e-mail (for confirmation): _____

School: _____ Grade: _____

I give my daughter, _____, permission to attend the Metro Lacrosse "Getting the Ball" mini clinic at Millburn Sports Academy.

Parent Signature: _____

Please make check for \$75 payable to "Metro Lacrosse" and mail to:
P.O. Box 11189
Loudonville, NY 12211